

Wrentham Food Pantry Shopping List

Your Name _____

Family Size _____

Date _____

**** CHECK OFF what you need and CIRCLE your preference ****



				Family 1	Family (2,3)	Family (4,5)	Family (6,7)
Jelly		Strawberry	Grape	1	1	2	2
Peanut Butter		Smooth	Chunky	1	1	2	2
Canned Tuna				1	2	2	3
Canned Chicken				1	1	2	3
Soup		Veggie	Chicken	2	3	4	5
		Tomato	Chicken Broth				
		No preference					
Baked Beans				1	1	2	2
Legumes		Black Beans	Chick Peas	1	2	3	3
		Kidney Beans					
Pasta		"Tube" pasta	Spaghetti	1	2	2	3
		No preference					
Spaghetti Sauce		With Meat	Without Meat	1	1	2	2
Canned Tomatoes		Diced	Sauce	1	2	3	3
Canned Pasta				2	2	4	4
Mac and Cheese				1	2	3	3
Ramen Noodles		Chicken	Beef	2	2	4	4
Rice/Side		White Rice	Rice Pilaf	1	1	2	2
		No preference					
Fruit		Applesauce	Fruit Cocktail	2	2	4	4
		Peaches	Pears				
		Pineapple					
Vegetables		Beets	Carrots	2	3	4	5
		Corn	Green Beans				
		Mixed Vegetables	Peas				
		Canned Potatoes	Spinach				
		Boxed Potatoes					
Cereal		Cold Preference:	_____	1	2	3	3

Hot Cereal		Plain	Flavored	1	1	1	1
Frozen Meat		Hamburger	Chicken	1	1	2	2
Dry Milk				2	3	4	4
Soap				1	1	2	2
Toilet paper				2	3	4	4
Paper Towels				1	1	2	2
Toothpaste				1	1	1	1

Extra (See Board) _____